

If the **Recurrences** cell of the previous row is greater than 0, take the Recurrences value from the previous row and subtract 1.

The image shows an Excel spreadsheet with the following data:

	A	B	C	D	E	F
1	Key	Full Name	Start Date/Time	Category	End Date/Time	Recurrences
2	1					
3	2					
4	3					
5	4					

The formula bar for cell F3 contains the formula: `=IFERROR(IF(F2>0,F2-1,""), "")`. A red arrow points from the formula bar to cell F3. Cell F2 is highlighted with a yellow border.