Session Name ∨	C⬛⬛⬛	⬛⬛⬛	⬛⬛⬛	⬛⬛⬛tion	⬛ore ∨	Session Name: ... ∨	+ Add column
Session 1 - 16/01/2023	6	5	199	1	3.15	800g Farmhouse	
Session 2 - 16/01/2023	6	555	6786786786866	555	582.75	400g Wholemeal	
Session 3 - 16/01/2023	6	55	6786786786786	55	57.75	800g White Bread	
Session 1 - 16/01/2023	6				0	800g Farmhouse	
Session 4 - 19/02/2023	6	1	1	1	0	800g White Bread	

When Session Name is populated (drop down lookup via another SharePoint list that contains list of sessions names and product names) it populates end column Session Name:Product when the SharePoint list is saved.

In PowerApps the user selects a dropdown Session Name that uses a lookup from the Sharepoint list
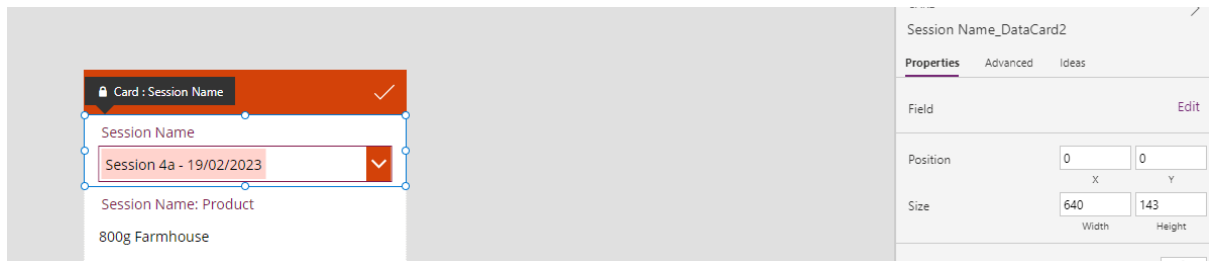
The field underneath should update if session name selected / changes based on whats in the SharePoint list. It will update when the form is saved but not dynamically.